

4-H HAPPENINGS

April 2025



Hi, my name is Rylan Ross, I am 15 years old and in 8th grade. I am Jr Social Ambassador this year and I sincerely appreciate the opportunity of being a 4-H officer. It was a great opportunity that was offered to me and I am very glad I took it. 4-H means being a leader to me. Head, Heart, Hands, and Health are what the four H's stand for in 4-H, and they are also what I value to strive for in everyday life. To me 4-H is about developing life skills, building a sense of community, and gaining life experiences. 4-H has helped me gain the skills I needed to be a successful leader and I hope I have positively influenced others while being in 4-H.

HARRISON COUNTY 4-H

CAMP COUNSELORS NEEDED!

SIGN UP
BELOW
WITH QR

Martin-Gatton
College of Agriculture,
Food and Environment

Be part of the best summer kickoff event!
Junior (ages 16-17) and Adult (18+)
counselors needed! Help us take the
most kids to camp!

MAY 26 - 30

NORTH CENTRAL 4-H CAMP
CARLISLE, KY

COUNSELOR BENEFITS:

- 5 DAYS, 4 NIGHT ALL INCLUSIVE EVENT
- DANCING, OUTDOORS, SWIMMING!
- BEST MEMORIES MADE
- MAKE AN IMPACT

Adults (18 and up)



Teens (16 and 17)



For more information: email
shannon.farrell@uky.edu or call 859-234-5510

Excellent job to our
participants in the 4-H
Communications Contest!
Good luck to those advancing
to the Area Competitions!!!

Cooperative Extension Service

Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

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STATES' 4-H SUMMER HOSTING

Youth from Japan, Korea, and Taiwan seeking host families this summer!



HOSTING BRINGS THE RICHNESS OF THE WORLD TO YOUR HOME!

• JULY 21-23 THROUGH AUGUST

16-18, 2025

• EXACT DATES DEPEND ON YOUR STATE. PLEASE CHECK WITH YOUR STATE COORDINATOR FOR DETAILS.

• HOST A YOUTH AGED 12-18

OR AN ADULT CHAPERONE

• THIS PROGRAM IS VOLUNTARY;

NO STIPENDS ARE PROVIDED



HOST FAMILY REQUIREMENTS

- Have a child of the same gender within 3 years age of hosted youth (ages 9+ are eligible to host)
- Families with no children (or younger children) may host an adult chaperone
- No special activities need to be planned - host youth want to experience American culture, make new friends, and improve their English by becoming a member of your family



CONTACT US

Harrison County
Extension Office
668 New Lair Road,
Cynthiana, KY 41031
859-234-5510





Harrison County **HEALTH FAIR**

THURSDAY, MAY 29, 2025

7:00 AM TO 11:00 AM

**HARRISON COUNTY
MIDDLE SCHOOL
(PARKING IN BACK ENTRANCE)**

FREE TESTS & SCREENINGS INCLUDE:

- Balance Risk Assessment
- Blood Pressure
- Blood Tests for cholesterol, triglycerides, blood sugar, & thyroid-stimulating hormone
- Body Fat Analysis
- Colorectal Cancer Screening kits and education
- Diabetes Risk Screening
- Height & Weight
- Lung Cancer Screening questionnaire and education
- Pulse Oximetry
- Stroke Risk Assessment
- Vision Screening
- Cardiac Risk Assessment
- And, more

Healthcare professionals will be available to answer health-related questions. You'll find more than 20 exhibits and additional screenings available.

This event is open to everyone. It is NOT exclusive to Harrison County residents.

Lab results will be posted on the HMHmyhealth! patient portal, or contact the Harrison Memorial Hospital Health Information Dept. to request a printed version.

THANK YOU TO THE FOLLOWING SPONSORS:

Harrison Memorial Hospital
Harrison County School System
Harrison County Extension Office

UK Gill Heart & Vascular Institute Affiliate Network
UK Markey Cancer Center Affiliate Network
Wedco District Health Department



4-H Club Meetings

APRIL 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 4-H Life Smarts 3:30 - 4:30 pm	2 4-H Tabletop Farming 5:00-6:00 PM 4-H Crochet 3:30 - 5:00 pm 4-H Embroidery 3:30- 4:30 pm	3 4-H Livestock Judging 6:00-7:00 PM	4 Jr. Homemaker Club 3:30 - 5:00pm	5 4-H Knitting 10 am-12 pm
6	7	8	9	10	11	12
SPRING BREAK						
13	14 4-H Cooking club (ALL GRADES) 3:30 - 5pm	15 4-H Dog Club @McCauley dogs allowed 6-7 pm Cloverbud Club 3:30-4:30 4-H Photography @Boyd Station 5-6	16 4-H Wellness Workshop Call office to RSVP 4-H Crochet 3:30 - 5:00 pm 4-H Horticulture 3:30 - 4:30pm	17 Rabbit club- 5-7 pm 4-H Livestock Judging 6:00-7:00 PM	18 4-H Life Smarts 3:30 - 4:30 pm	19 4-H Knitting 10 am-12 pm
20	21 Entrepreneur Service Project Poultry Club 5 - 7 pm	22 4-H Photography @Boyd Station 5-6 PM	23 4-H Crochet 3:30 - 5:00 pm	24 4-H Livestock Judging 6:00-7:00 PM	25 4-H Art Club 3:30- 4:30 pm *must sign up link will be sent out via text*	26 4-H Knitting 10 am-12 pm
27	28	29 4-H Photography @Boyd Station 5-6 PM	30 4-H Social Media Club 3:30 - 5 pm 4-H Crochet 3:30 - 5:00 pm		4-H Horse Club 6 pm @Fairgrounds	



"To Make the Best Better"

