

# FCS Newsletter

## July/Aug 2024

### Harrison County Family & Consumer Sciences



**Cooperative Extension Service**  
 Harrison County  
 668 New Lair Road  
 Cynthiana KY 41031  
 (859) 234-5510  
 Fax: (859) 234-6197  
 extension.ca.uky.edu

### Interested in becoming a Harrison County Homemaker?

**Stop by the Harrison County Extension Office to pay your dues and receive a Shop Cynthiana Discount Card.**

St Boutique	15% any purchase	Daily Grind	10% off purchases
Next Chapter	10% off purchase	Flower Depot	10% off purchases excluding fresh flowers
Just	10% off retail price (excludes HF & HSP)	A Little Bit Personal	10% off purchases (excludes sale items)
Flannel Store	10% off purchases (excl. Sale items)	Molly B's	20% off \$20 or more
Hand's Boutique	15% off purchases online code HOMEEMB	Tay's Cloth Peddler	10% off purchases (excludes sale items)
Harrison Steel Boutique	15% off purchases	Frames N' Christian Things	20% off entire purchase
Simply Cynful	\$1 off XLG bubble tea only	Printed Vinyl for you	20% off entire purchase (excludes epoxy)
Home Store	10% off menu free bday scoop paid homemaker ONLY	Kellie's	10% off pizza purchase (cannot combine with another offer)
1 Cup	10% off \$10 or more	Frosted Blessings	20% off in store items
Slide Rays	10% off purchases	Coffee Shop	15% off purchases



### The Headlines

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Shelley Meyer

*Shelley W. Meyer*

Harrison County Extension Agent  
 For Family & Consumer Sciences  
 shelley.meyer@uky.edu

**MEDICARE**

Answering your questions about  
**MEDICARE**

with *Katrina Caudill*  
 & *Carla Bowling*

RSVP at 859-234-5510

**September 24**  
**10am**  
**1pm**  
**6pm**

**Location: Harrison County Extension Office**

Cooperative Extension Service MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT  
 Agricultural and Natural Resources  
 Family and Consumer Sciences  
 4-H Youth Development  
 Community and Economic Development  
 Lexington, KY 40506

### Cooperative Extension Service

Agriculture and Natural Resources  
 Family and Consumer Sciences  
 4-H Youth Development  
 Community and Economic Development

### MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, physical or mental disability or reprisal or retaliation for prior civil rights activity. Reasonable accommodation of disability may be available with prior notice. Program information may be made available in languages other than English. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.



Disabilities accommodated with prior notification.

# Lifeskills 101

for youth 9-18

**July 10**

**Harrison County Extension Office**  
**12:30pm-3pm | Sign up @ 859-234-5510**



- ✔ **Car Maintenance**
- ✔ **Laundry**
- ✔ **Kitchen**
- ✔ **Self-defense**
- ✔ **First Aid**
- ✔ **Finance & E-banking**
- ✔ **Random Facts of Life**

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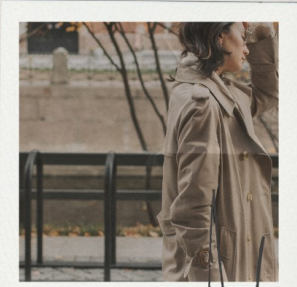


Disabilities accommodated with prior notification.



**ALL DAY**  
**SCRAPBOOKING**  
**WITH JENNY TAPP**

**August 17 10am-8pm**  
**Harrison County Extension Office**  
**sign up: 859-234-5510**



ASSIGNMENT	DR. BY	RATING
UNIT @	CH. BY	

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**Breaking the Barriers** 

**Communities Coming Together to Understand Substance Use Disorder**



**September 12, 2024**  
**9am-4pm**  
**Harrison County Fairground**  
**Call 859-234-5510 to RSVP**

Cooperative Extension Service  
MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT  
University of Kentucky



Homemaker Trip to

# KENTUCKY STATE FAIR



\*rsvp: 859-234-5510 by Aug 16

 **Tuesday**  
**20, August 2024**  
**8:30AM - 5:00PM**

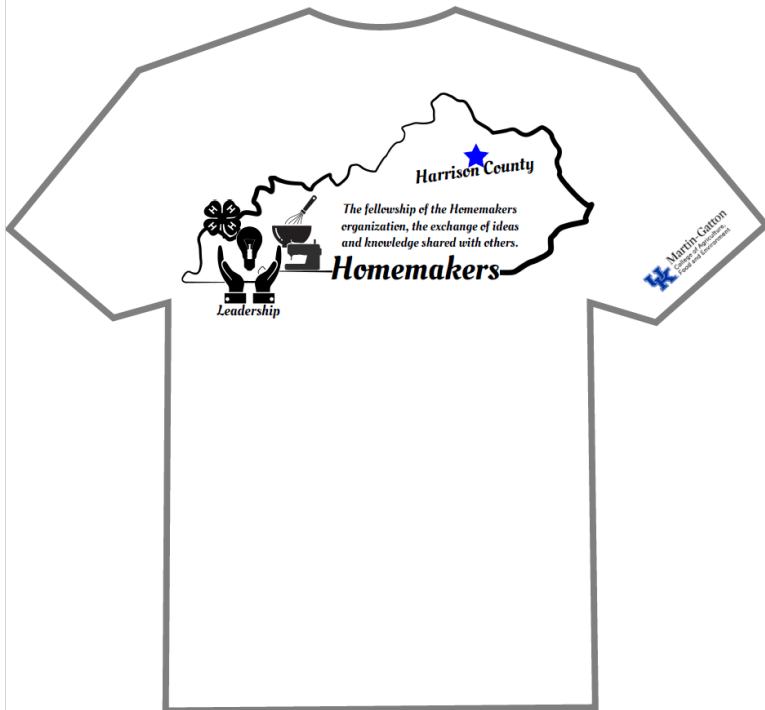
\*Depart & Return to Harrison Co Extension Office

\*Free entry; bring lunch money

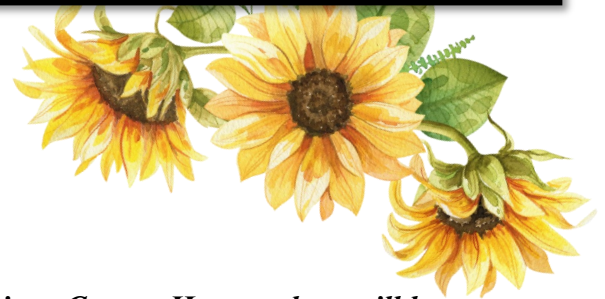
 **Martin-Gatton**  
College of Agriculture, Food and Environment  
University of Kentucky.

Cooperative Extension Service  
MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT  
University of Kentucky

**Back**



*Designed by: Laura Mullins*



*The Harrison County Homemakers will be selling t-shirts. The cost is \$18 and checks can be made to Harrison County Homemakers. Stop by the Extension Office to place your order with payment. Below is the design of the shirt.*



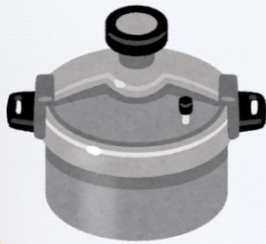
*On front left.*





Martin-Gatton  
College of Agriculture,  
Food and Environment  
University of Kentucky

BOURBON, HARRISON, NICHOLAS  
TRI-COUNTY



# FOOD PRESERVATION

**BOILING WATER &  
PRESSURE CANNER**

**July 22**

**9am-noon @ Bourbon Co Extension Office**

**rsvp: 859-987-1895**

**5-8pm @ Harrison Co Extension Office**

**rsvp: 859-234-5510**

**Call to sign up at 859-234-5510**



# BLUEGRASS AREA FCS AGENTS PRESENT: ARE YOU PREPARED?

*in recognition of National Preparedness Month*



## Locations:

- Bourbon County Extension Office: September 12th at Noon
- Clark County Extension Office: September 5th at 6:30 p.m.
- Estill County Extension: September 5th at Noon
- Fayette County Extension: September 26th at 6 p.m.
- Harrison County Extension: September 5th at 1 p.m.
- Madison County Extension: September 5th at 5 p.m.
- Nicholas County Extension: September 12th at 6 p.m.
- Powell County Extension: September 23rd at 6 p.m.
- Scott County Extension: September 5th at 9 a.m.

**Harrison County's  
Location: Extension Office  
Cost: FREE w/ optional  
\$20 emergency kit**

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4-H Youth Development  
Community and Economic Development

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Disabilities  
accommodated  
with prior notification.



# FAIR ENTRY REGISTRATION

**Pre-registration is required!** Online registration window will be open June 3rd- July 11, 2024 using the website:

<https://harrisoncountyfairky.fairentry.com/Fair/SignIn/20429>

**Fair Exhibit Check-in will be assigned by appointment only which you select during online registration.** All entries must be completed online. No walk-up or day-of entries will be accepted.

We have three help days for those needing assistance entering items online. Times will be between 8:30 a.m. to 4:00 p.m:

- Monday, June 24th
- Wednesday, June 26th
- Tuesday, July 9th

**Help days are scheduled by appointment only.** Please call **859-234-5510** to reserve your spot.

**DEADLINE TO ENTER all fair exhibits online is Thursday, July 11th @noon.**

## Tag Instructions:

**We will print your tags.** Tag pick up will be Friday, July 12th at the Harrison County Extension Office (668 New Lair Road, Cynthiana, KY 41031). Or you can pick up tags earlier at the office if you call (859-234-5510) to let us know you are done entering items into the online system.



**\*\*Fair entry drop off is Sunday, July 14 from 1-5pm\*\***





1st & 3rd Thursdays  
of the month

# Adult Knitting

with Louann Fryman

July 11 & 25

(date changes because of holiday & county fair)

&

August 1 & 15

Harrison County  
Extension Office  
@4:30pm

New members welcome!

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Agriculture and Natural Resources  
Family and Consumer Sciences  
4-H Youth Development  
Community and Economic Development  
Langston, KY 40302



# Beginning Sewing

WITH MIKAYLA HANNAH

Learn basic sewing skills  
Call to sign up 859-234-5510

July 9 & 23

Aug 13 & 27

10am-noon



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# SAVANNAH, GA

September 30-October 5

Cost: \$800

(\$75 due at time of signup, final payment due 7/23/2024)

\*stop by the Harrison County Extension Office to sign up

- Motorcoach transportation
- Guided trolley tour of Savannah
- Guided tour of Beaufort, SC
- Guided tour of St. Simons Island
- Guided Tram tour of Jekyll Island
- Evening show at Famous Savannah Theatre

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# PIECE MAKER QUILT CLUB

10am JULY 24  
AUGUST 28

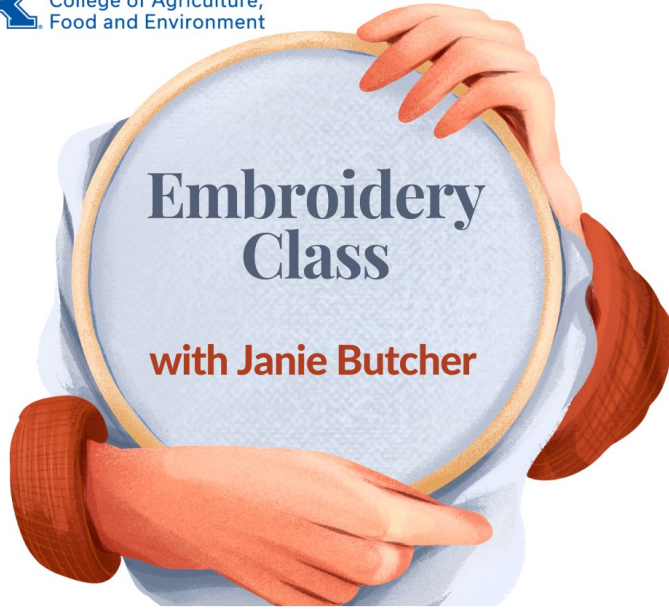
4th  
Wednesdays  
of each month

HARRISON COUNTY  
EXTENSION OFFICE

NEW MEMBERS WELCOME!



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Agriculture and Natural Resources  
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4-H Youth Development  
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**Cooperative  
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Family and Consumer Sciences  
& Youth Development  
Community and Economic Development

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Lexington, KY 40506



**1st & 3rd Mondays**  
**July 1 & 15**  
**August 5 & 19**

**9-11am**  
**Harrison County Extension Office**  
**sign up @ 859-234-5510**

## **Homemaker News**

### **President's Corner:**

*"Hello Homemakers,*

*Our year has just ended on June 30th, so our new year begins July 1st. All program of work and volunteer hour forms should have been turned into the office.*

*Also, get your cultural arts items ready for the county fair. Exhibits will only be entered on Sunday July 14th. Check this letter for the entry time.*

*County officers and chairpersons, please mark your calendar for area leadership training on August 8th at 9a.m., at the Fayette County Extension Office. The county club officer and chairperson training will be held August 26th, at 5:30 p.m., at the extension office. A light meal will be served. I encourage all homemakers with leadership roles to attend.*

**HAVE A GREAT SUMMER**

### *Book Suggestion: The Women by Kristin Hannah*

*This novel is the story of one woman gone to war, but it shines a light on all women who put themselves in harm's way and whose sacrifice and commitment to their country has too often been forgotten."*

Harlene Welch

### **Homemaker Dates:**

Aug 26, Homemaker Officer & Educational Chairman training 5pm @ Extension Office

Sept 23, Advisory Council 9:30am @ Extension Office

### **Club Meetings:**

Homemaker clubs meet monthly September– May and break for the summer. Many have summer outings. If you are new and would like to join a club, contact the





## Agent Editorials

“Hello FCS Friends!

It is County Fair time!! As a reminder, fair entry take-in will be SUNDAY, JULY 14 at the Harrison County Fairgrounds from 1-5pm ONLY this year. All exhibits must be entered online by July 11th. Details are included on page 7. If you need help getting your exhibits entered, call the Extension Office at 859-234-5510 and we will be happy to help. Entry pick up from the county fair is Sunday July 21st from 1-3pm. Discounted county fair tickets are available for \$8 at the Extension Office until July 12th. Fair gate fee is \$10 at the gate.

August is a busy month with the Kentucky State Fair. If you are interested in entering adult exhibits, check out the State Fair website and enter online as the adult entries do not go through our local Extension Office. The deadline to enter is July 10 with a late fee deadline of July 17.”

**\$8** **\$8**

**2024 HARRISON COUNTY FAIR**  
**PRE-SALE TICKETS**  
On Sale from June 3 to July 12  
\$8 per ticket, per night. Ticket is valid on any night.  
Purchase at the HC Extension Office Monday-Friday,  
8:30a to 4:00p. Closed July 4. Cash/Check accepted.  
NON-REFUNDABLE & Includes Rides

**\$8** **\$8**

[www.harrisoncokyfair.com](http://www.harrisoncokyfair.com)

*Shelley W. Meyer*

Shelley Meyer  
Harrison County Extension Agent  
For Family & Consumer Sciences



*Community Corner*

Spanish Resources



MCTC



LIBRARY



HC EXTENSION

CHAMBER OF COMMERCE



Check out what's happening in our community!  
Use your smart phone camera to scan the QR codes to be directed to the organization's separate website.



Check out our Facebook page:  
**Harrison County**  
**Family & Consumer Sciences.**

*\*Like us on Facebook to receive notifications on upcoming events, posts, and shares.*



**Tune in to WYCN for Extension talk with Mayor James on Coffee Break Extra at 9:10am.**

- \* **Jessica Wells with Horticulture: 1st Wednesdays**
- \* **Shannon Farrell and Holly Laytart with 4-H: 2nd Wednesdays**
- \* **Shelley Meyer with FCS & Stacey Stephens with NEP: 4th Thursdays**



# **JULY/AUGUST CALENDAR OF EVENTS**

July 1, Embroidery 9am @ Extension Office

July 9, Adult Sewing 10am @ Extension Office

July 10, Life Skills 101 12:30-3pm @ Extension Office

July 11, Knitting 4:30pm @ Extension Office

**July 13-20 & 27 County Fair**

**July 14, Fair Entry 1-5pm @ Fairgrounds**

**July 21, Fair Entry pick up 1-3pm @ Fairgrounds**

July 15, Embroidery 9am @ Extension Office

July 22, Food Preservation 5pm @ Extension Office

July 23, Adult Sewing 10am @ Extension Office

July 25, Knitting 4:30pm @ Extension Office

Aug 1, Knitting 4:30pm @ Extension Office

Aug 5, Embroidery 9am @ Extension Office

Aug 13, Adult Sewing 10am @ Extension Office

Aug 15, Knitting 4:30pm @ Extension Office

Aug 17, All Day Scrapbooking 10am-8pm @ Extension Office

Aug 19, Embroidery 9am @ Extension Office

Aug 20, Homemaker Trip to State Fair

Aug 24, Quilt Club 10am @ Extension Office

Aug 26, Homemaker Officer & Educational Chairman training  
5pm @ Extension Office (supper provided)

Aug 27, Adult Sewing 10am @ Extension Office

Aug 28, Quilt Club 10am @ Extension Office



## **DATES TO REMEMBER**

Sept 5, Emergency Disaster Preparedness 1pm @ Extension Office

Sept 12, Recovery Program @ McCauley Building Fairgrounds

Sept 30-Oct 5, Homemaker Overnight Trip to Savannah, GA