

# 4-H HAPPENINGS

September 2023



"My name is Sadie Perkins. I am a Junior at Harrison County High School. I'm involved in 4-H, FFA, Beta Club, and I shoot archery. In 4-H I am currently serving as one of the Public Relations Officer. While in this position I will go talk on the radio, present at the school board meeting, and help promote 4-H. In FFA I am serving as the secretary this year. I raise Nigerian Dwarf goats and raise replacer pullet chickens. While serving as the public relations officer, my main goal is to get more members involved in the 4-H Teen Council club. I am super excited for this year!"

"Hi, I'm Makenzie Burden and I'm one of the Harrison County Teen Council Public Relations Officer. As a Public Relations Officer I help promote 4-H with various methods, such as writing newspaper articles, radio broadcasts, posts on social media, etc. In my free time I like to read or play tennis. My goal for this year is to promote 4-H more and get people involved with Harrison County 4-H."



Any Questions? Contact us!

Shannon Farrell  
4-H Youth & Development Agent  
859-234-5510  
shannon.farrell@uky.edu

Holly Laytart  
4-H Program Assistant  
859-234-5510  
holly.laytart@uky.edu



## 4-H Achievement Application

Who: Ages 10-18 who have completed at least 1 full year of 4-H  
 What: cumulative record of all 4-H involvement  
 Why: Points totaled on application will receive recognition of achievement levels  
 Bronze, Silver, and Gold winners get discounts to 4-H Teen Conference!  
 1st time applicants: email [Shannon.farrell@uky.edu](mailto:Shannon.farrell@uky.edu) to request application or for more information.  
 Returner 4-Hers who have completed this application in the past – simply update application  
 All 4-Hers: send completed electronic application to [Shannon.farrell@uky.edu](mailto:Shannon.farrell@uky.edu) by Wednesday, October 4th.

### Cooperative Extension Service

Agriculture and Natural Resources  
Family and Consumer Sciences  
4-H Youth Development  
Community and Economic Development

### MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, physical or mental disability or reprisal or retaliation for prior civil rights activity. Reasonable accommodation of disability may be available with prior notice. Program information may be made available in languages other than English. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating. Lexington, KY 40506



# Community Corner



HC EXTENSION



LIBRARY



CHAMBER OF COMMERCE



MCTC



SPANISH RESOURCES



Check out what's happening in our community!  
Use your smart phone camera to scan the QR codes to be directed to the organization's separate website.

## WHAT'S THE 4-H SCOOP?

HARRISON COUNTY EXTENSION OFFICE

**SEPTEMBER 6**

**3:30-4:30**  
**HARRISON COUNTY TEEN COUNCIL**

ANY QUESTIONS?  
EMAIL: [KWHITEHEADKY4H@GMAIL.COM](mailto:KWHITEHEADKY4H@GMAIL.COM)

**\*\*Grades 6-12\*\***

# How can we serve you, Kentucky?

Take a ten-minute survey to help us develop programs addressing needs in your community.

[go.uky.edu/serveKY](http://go.uky.edu/serveKY)



**KENTUCKY**  
COOPERATIVE EXTENSION

*An Equal Opportunity Organization.*



**UK** Martin-Gatton  
College of Agriculture,  
Food and Environment

**KENTUCKY STATE UNIVERSITY**  
College of Agriculture, Community, and the Sciences

## Harrison County 4-H Project Clubs and Activities

**Harrison County Cooperative Extension Service**  
668 New Lair Road  
Cynthiana, KY 41031  
(859) 234-5510  
Fax: (859) 234-6197  
<http://extension.ca.uky.edu>

**\*\*\* Youth/teens are welcome to ride the school bus to the extension office any day of the week with a parent note:**

**St. Edwards - Bus 92**  
**Northside – Bus 89**  
**Eastside – Bus 91**  
**Southside – Bus 92**  
**Westside – Bus 66**  
**Middle School – Bus 92**  
**High School – Bus 92**

**\*\*\*Ages below refer to age as of January 1, 2024 unless otherwise denoted\*\*\***

**Arts Club:** Ages 9-18. Club will meet after school (Date and Time TBD) Extension Office. Projects completed will be county fair ready.

**Beekeeping** – Ages 9-18 welcome to join monthly beekeeping club on the 2<sup>nd</sup> Tuesday of every month at 6 PM at the Extension Office.

**Cloverbud Club:** Ages 6-8 (age as of June 1, 2024). Kids are get to explore 4-H at monthly meetings. Meets the 3<sup>rd</sup> Wednesdays September – April at the Extension Office from 3:30-4:30.

**Communications Club:** Ages 6-18; receive information on the county speech and demonstration contest. Meeting details TBD.

**Cloverbud Cooking Club:** Ages 5-8. Meets at the Extension Office on September 11, 3:30-4:30, October 30, 3:30-4:30, December 4, 3:30-5, January 22, 3:30-4:30, March 18, 3:30-4:30, and May 13, 3:30-5.

**Beginner Cooking Club:** Grades 3-5 (ages 9+). Meets at the Extension Office on Mondays: September 11, 3:30-4:30, November 20, 3:30-4:30, December 4, 3:30-5, February 26, 3:30-4:30, April 22, 3:30-4:30, and May 13, 3:30-5.

**Advanced Cooking Club:** Grades 6-12. Meets at the Extension Office on Mondays: September 11, 3:30-4:30, October 16, 3:30-5, November 13, 3:30-5, December 4, 3:30-5, January 8, 3:30-5, February 13, 3:30-5, March 11, 3:30-5, April 16, 3:30-5, and May 13, 3:30-5.

**Country Ham Project:** Ages 9-18. Contracts signed in December. Hams cured January – August at the Extension Office. Speech given at KY State Fair to finish project.

**Dog Club:** Ages 9-18. Youth and their dogs will be learning obedience, companionship, and responsible dog ownership. Meets the 2<sup>nd</sup> Thursday at the Harrison County Extension Office from 6-7 pm.



**Embroidery:** Ages 9-18. Meetings will be from 3:30-5 at the Extension Office on the 2<sup>nd</sup> Thursday of the month. Participants will learn and master skills in embroidery while completing a fair project!

**Horse Club:** Ages 5-18. Meets the 1<sup>st</sup> Thursday of the month from September – May from 3:30-4:30 at the Extension Office. Whether you are into jumping, barrels, trail riding, or just want to learn more about horses, this club is for you!

**Horticulture Club:** Ages 9-18. Meets third Wednesday of the month October – August from 3:30-4:30 at the Extension Office. Offers opportunities for youth to gain plant knowledge and participate in hands on plant and flower activities, including field trips!

**Jr. Homemaker:** Grades 6<sup>th</sup>-12<sup>th</sup>. Meets the 1<sup>st</sup> Friday of the month from 3:30-4:30 (October – March). Focus will be on home economic skills (canning, crochet, etc.); health and wellness (fitness), service projects, and adulting 101.

**Knitting:** Ages 9-18. Meets on Saturdays from 10 to noon at the Harrison County Extension Office. Returning members begin meeting in September and new members begin meeting in October. 4-Hers make knitted project to enter in the fair.

**Land Judging:** Ages 9-18. Learn characteristics of soil quality and site inspection and travel to the state contest during the KY State Fair. Meetings take place in the spring/summer.

**Livestock Club:** Ages 5-18. Get 3 hours towards the 6 needed for competition and showing! For beef, dairy cattle, sheep, hogs, goats, and dairy goat projects. Meeting details TBD.

**Livestock Skillathon:** Ages 9-18. Meets every Tuesday from September – February from 3:30-5:30 at the Extension Office. Parent meeting will take place on Tuesday, October 10<sup>th</sup> at 5 PM. Participants learn livestock knowledge in breeds, feeds, equipment, meats, scenarios, etc. for sheep, swine, goats, and cattle. State contest is in February.

**Outdoor Adventure Club:** Ages 9-18. This group will enjoy fun, outdoor experiences such as kayaking, snow tubing, hiking, camping and survival skills! Meeting notices will be sent out via text to those who sign up.

**Photography:** Ages 9-18. Sessions will run spring – summer. Led by professional Boyd's Station Art Gallery Photographers! 4-Hers will learn camera technology, photo taking skills, and work on fair entries.

**Poultry Club:** Ages 5-18. Meets the 2<sup>nd</sup> Monday of the month at the Extension Office from 5-7 PM September – June. Poultry club pertains to all types of poultry and members will learn how to care for their birds, proper housing and handling, nutrition, the poultry industry and more.

**Quilting:** Ages 9-18. Meets October – December from 3:30-4:30 at the Extension Office (days determined by 4-Her availability). Experienced quilters guide 4-Her to make their very own quilt.

**Rabbit Club:** Ages 5-18. Meets the 3<sup>rd</sup> Thursday of the month at the Extension Office from 5-7 PM September – June. Interested in animals but don't have enough space to raise an animal? The rabbit project is a great way to get involved no matter where you live. Learn basic care, nutrition, handling, showing and more.

**Cooperative Extension Service**  
Agriculture and Natural Resources  
Family and Consumer Sciences  
4-H Youth Development  
Community and Economic Development

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.

LEXINGTON, KY 40546



Disabilities  
accommodated  
with prior notification.

**Market Rabbit Project:** Ages 5-18. Separate from the rabbit club, this project is a start to finish learning experience for youth to obtain market rabbits, raise and finish them, and learn the end process for market consumption.

**Sewing Club:** Ages 9-18. Meets January – April from 3:30-5 at the Extension Office (days determined by 4-Her availability). 4-Hers learn sewing skills and make projects for the fair that could be clothing or non-clothing options.

**Shooting Sports:** Ages 9-18. Details TBD. Possible discipline practice in archery, rifle, black powder.

**Social Media Club:** Grades 6<sup>th</sup>-12<sup>th</sup>. Purpose is to learn social media etiquette while helping to “share our story” in 4-H through video, tutorials, Facebook posts, etc. Typically meets the last Monday of the month from 3:30-5 at the Extension Office.

**Teen Council:** 6<sup>th</sup>- 12<sup>th</sup> grades. If you enjoy traveling, making new friends, developing your leadership skills and participating in community service this club is for you! Meets the first Wednesday of the month at the Harrison County Extension Office from 3:30-4:30.

**Tractor Driving and Lawnmower:** Ages 9-18. Participants can choose to drive a zero turn lawnmower and/or small tractor through an obstacle course. Practices in the spring and summer for county fair competition.

**Ukulele:** 9-18 This group will learn the basics of playing the ukulele and possibly even prepare a performance for the county Fashion Review! If you have your own Ukulele, bring it, otherwise one will be provided.

**Young Entrepreneurs:** Youth ages 9-18 yrs old who are interested in starting their own business or already have a business who are interested in learning more about business and opportunities to sell. This group will have you develop a business plan, market your business, and obtain a business license through the Cynthiana Chamber of Commerce.

### Independent Projects

**4-H Achievement Program:** 4-Hers that have completed their first year of 4-H are eligible to complete the 4-H Achievement Packet and continue updating each year thereafter. This is the “recordbook” that tracks your involvement in 4-H (and other extra curriculums), gains points, and results in recognition and scholarships to leadership conferences.

**Additional Independent Projects:** Contact the Extension Office for a list of projects that can be completed at home and entered into the Harrison County Fair in July. Areas include: Forestry, Geology, Entomology, Consumer and Financial Educations, Arts and Crafts, Home Environment, Woodworking, Electricity, Horticulture, Foods and Photography.



# 4-H Club Meetings

## SEPTEMBER 2023

| SUN | MON   | TUE   | WED  | THU   | FRI | SAT  |
|-----|---|---|--|---|-----|--|
|     |   |   |  |   | 1   | 2 4-H Knitting<br>10 am - noon<br>** Returners<br>only** |
| 3   | 4   | 5 4-H Skillathon<br>3:30-5:30 pm  | 6 4-H Teen<br>Council<br>3:30 - 4:30 pm    | 7 4-H Horse<br>Club<br>3:30 - 4:30 pm                           | 8   | 9  |
| 10  | 11 4-H, Cloverbud,<br>Beginner, Advanced<br>Cooking Clubs<br>3:30 - 4:30 pm<br>4-H Poultry Club<br>5 - 7 pm | 12 Beekeeping<br>6 - 8 pm<br>4-H Skillathon<br>3:30-4:30 juniors<br>4:30-5:30 seniors | 13 4-H Livestock<br>club<br>3:30 - 4:30 pm | 14 4-H Embroidery<br>3:30 - 5:30 pm<br>4-H Dog Club<br>6 - 7 pm | 15  | 16   |
| 17  | 18 4-H Outdoor<br>Adventure<br>Club<br>5 - 6 pm   | 19 4-H Skillathon<br>3:30-4:30 juniors<br>4:30-5:30 seniors                           | 20 Cloverbud<br>3:30 - 4:30 pm             | 21 4-H Rabbit<br>Club<br>5 - 7 pm                               | 22  | 23   |
| 24  | 25 4-H Social<br>Media Club<br>3:30 - 5 pm  | 26 4-H Skillathon<br>3:30-4:30 juniors<br>4:30-5:30 seniors                           | 27   | 28  | 29  | 30   |

**4-H Participant Information/Enrollment Form** (NOT FOR RESIDENTIAL CAMP)

Note: The form must be completed by the participant and/or parent or guardian in order to participate in the 4-H program. **All items must be completed, even if the response is not applicable – indicate by using N/A (i.e. no health insurance).** Failure to complete this form in its entirety will result in the person being ineligible to participate in 4-H activities. Please print in blue or black ink to allow for photocopying.

Name: \_\_\_\_\_ County/Area: \_\_\_\_\_  
 Preferred Name: \_\_\_\_\_ School Name: \_\_\_\_\_  
 Address: \_\_\_\_\_ Birth Date: \_\_\_\_\_ Age: \_\_\_\_\_  
 City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Grade: \_\_\_\_\_  
 4-Her Phone: \_\_\_\_\_ 4-H Year: \_\_\_\_\_ Gender: Female Male  
 4-Her Email: \_\_\_\_\_  
 Residence:  
 Farm  Town < 10,000 or Rural Non-Farm  Town/City/Suburb 10,000-50,000  City/Suburb >50,000  City– Central >50,000  
 Race (please choose more than one if applicable):  American Indian  Asian  Black  Native Hawaiian or Pacific Islander  
 White  Prefer Not to Say Not Listed: \_\_\_\_\_  
 Ethnicity: Hispanic Non-Hispanic T-Shirt Size: \_\_\_\_\_

Parent/Guardian 1: \_\_\_\_\_ Phone number: \_\_\_\_\_  
 Email: \_\_\_\_\_ Emergency Contact? Yes No  
 Parent/Guardian 2: \_\_\_\_\_ Phone number: \_\_\_\_\_  
 Email: \_\_\_\_\_ Emergency Contact? Yes No

Is any member of your family a current or former member of the United States Military or National Guard? Yes No

**Health History**

Does the participant have, or at any time has had, any of the following? Check “Yes” or “No” to each item. Please explain any “yes” answers (noting the number of the item) in the space below or on an additional sheet if necessary. Reporting conditions will not prevent a person from attending and will be kept confidential.

- |  | Yes                      | No                       |
|--|--------------------------|--------------------------|
| 1) Asthma .....                          | <input type="checkbox"/> | <input type="checkbox"/> |
| 2) Bronchitis.....                       | <input type="checkbox"/> | <input type="checkbox"/> |
| 3) Convulsions.....                      | <input type="checkbox"/> | <input type="checkbox"/> |
| 4) Diabetes.....                         | <input type="checkbox"/> | <input type="checkbox"/> |
| 5) Ear Infection.....                    | <input type="checkbox"/> | <input type="checkbox"/> |
| 6) Fainting.....                         | <input type="checkbox"/> | <input type="checkbox"/> |
| 7) Heart Condition.....                  | <input type="checkbox"/> | <input type="checkbox"/> |
| 8) Headaches.....                        | <input type="checkbox"/> | <input type="checkbox"/> |
| 9) Hypoglycemia.....                     | <input type="checkbox"/> | <input type="checkbox"/> |
| 10) Serious Allergy to Insects.....      | <input type="checkbox"/> | <input type="checkbox"/> |
| 11) Serious Allergy to Nuts.....         | <input type="checkbox"/> | <input type="checkbox"/> |
| 12) Serious Allergy to Gluten.....       | <input type="checkbox"/> | <input type="checkbox"/> |
| 13) Serious Allergy to Dairy.....        | <input type="checkbox"/> | <input type="checkbox"/> |
| 14) Wear Glasses/Contacts.....           | <input type="checkbox"/> | <input type="checkbox"/> |
| 15) Other Conditions.....                | <input type="checkbox"/> | <input type="checkbox"/> |
| 16) Other Allergy (please explain) ..... | <input type="checkbox"/> | <input type="checkbox"/> |

Please explain any “yes” responses, including medications taken for any conditions:

---

Please explain any restrictions (dietary, physical, etc):

---

Social, emotional, and/or behavioral health information:

The following over the counter medications may be administered to my child without contacting me:

- Antihistamine Pill  Antacid  Ibuprofen (Advil)  Hydrocortisone Cream  
 Acetaminophen (Tylenol)  Decongestant  Dramamine  Polysporin (topical antibiotic)

**Medical Treatment**

All information provided on this form is correct and complete to the best of my knowledge. This person has permission to engage in all events and activities. I hereby give permission to the event designee to provide routine health care, administer prescription and over the counter medications as noted and seek emergency medical treatment if warranted. I agree to the release of all records necessary for medical treatment, billing, or insurance. In the event I cannot be reached in an emergency, I give permission to the attending physician to secure and administer treatment, including hospitalization.

**SIGNATURE OF PARENT/GUARDIAN:** \_\_\_\_\_ **DATE:** \_\_\_\_\_

**Publicity Release**

I hereby grant the 4-H program, University of Kentucky and their agents, the right to use, reproduce, assign and/or distribute still pictures, video and sound recordings of myself or my minor child without compensation for use in promotion, advertising, educational publications or online content.

**SIGNATURE OF /GUARDIAN:** \_\_\_\_\_  **NO, I do not permit**

# 4-H ENROLLMENT FORM

# 4-H Youth Development CODE OF CONDUCT FORM (NOT FOR RESIDENTIAL CAMPS)

Please bubble the clubs you are interested in below. The 4-H newsletter will include dates of club meetings and activities. We'll also send information out about clubs/activities to those who indicate interest once they are ready to begin. Once you have returned this enrollment form you may begin attending meetings. 4-H Age is 9-18 as of January 1, 2024 and Clover Buds are for ages 6 to 8 as of Jan. 1, 2024.

- 
- 
- 
- 
- 
- 
- 
- 
- 
- 
- 
- 
- 
- 
- 
- 
- 
- 
- 
- 

All 4-H members and family/friends associated with 4-H members must respect the individual rights, safety and property of others and adhere to this Code of Conduct. A 4-H member may be prohibited from participating in a specific event/program if the participation by the individual poses a danger to the 4-H member and/or others. The following guidelines are designed to make all 4-H events safe, meaningful, and satisfying to youth and others attending.

### WHILE ATTENDING ALL 4-H MEETINGS, PROJECTS, PROGRAMS, ACTIVITIES AND EVENTS:

1. Each 4-H participant is expected to attend all planned sessions, workshops, field trips, and meetings of the event, and to be in appropriate attire. Dress codes will be specific to individual events. Delegation chaperones and/or volunteers are responsible for ensuring that members participate in all aspects of the planned program activities.
2. The possession and use of alcoholic beverages, tobacco products, vape juice and/or devices, and/or drugs (except for medications prescribed to the participant by a licensed physician) are prohibited. Delegation chaperones and/or volunteers shall limit use of tobacco products to designated areas.
3. Possession of firearms not for educational use is prohibited.
4. Setting off fire alarms and tampering with fire extinguishing and other emergency equipment are prohibited.
5. Gambling of any type is prohibited.
6. Respect toward others and facilities shall be demonstrated. Bullying, harassment of others or destruction of property shall not be tolerated. Bullying and harassment can include the use of social media.
7. Obscene, discriminatory and/or inappropriate language, roughhousing, and insubordination are prohibited at all times.
8. Display of overly affectionate or inappropriate attention between participants is prohibited.
9. Technological equipment (including but not limited to cell phones, laptops or mp3 players) shall not interfere with the program and may not be allowed in certain situations.
10. All clothing shall be neat, clean, and acceptable in repair and appearance and shall be worn within the bounds of decency and good taste as appropriate for 4-H events. Articles of clothing which display profanity, products, or slogans which promote tobacco, alcohol, drugs, sex or are in any other way distracting, are prohibited. Each county may adopt additional Code of Conduct guidelines.

### WHILE ATTENDING OVERNIGHT CONFERENCES, CAMPS, AND EVENTS, THE FOLLOWING WILL ALSO APPLY:

1. All participants are to be in their assigned area at curfew and comply with quiet hours, lights out, and other rules of the event.
2. No member or volunteer may leave the grounds without the permission of the conference director or adult in charge. An adult shall accompany a 4-H member any time they leave the grounds. Adults shall notify another adult in the delegation before leaving the grounds.
3. At overnight events, only conference participants may be in sleeping areas. Lounges or common areas may be used only for working committees and social activities.
4. Room service such as phone calls, food, laundry, or others shall not be permitted without chaperone permission.

Any violations of this Code of Conduct shall be reported promptly to the adult in charge of the delegation/program and to the person in charge of the event. The person in charge of the event shall have the final responsibility for disciplinary action. **Failure to comply with the Code of Conduct by 4-H'ers and family/friends associated with the 4-H participant may result in penalty including, but not limited to, the following:**

- Sent home from the activity or event at his/her own expense
- Barred from participation from future 4-H events
- Assessed the cost of damages for destruction of property

I, \_\_\_\_\_ have read the Code of Conduct and agree to abide by its rules. By signing this document, I acknowledge that infraction of this Code of Conduct will result in any or all of the penalties listed above.

Member Signature \_\_\_\_\_

County: \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_

Date: \_\_\_\_\_

**Cooperative Extension Service**

Agriculture and Natural Resources  
Family and Consumer Sciences  
4-H Youth Development  
Community and Economic Development

**MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT**

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, physical or mental disability or reprisal or retaliation for prior civil rights activity. Reasonable accommodation of disability may be available with prior notice. Programs information may be made available in languages other than English. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating. Lexington, KY 40506



Disabilities accommodated with prior notification.